



**Coronavirus Disease 2019 (COVID-19) Quarantine and Isolation
Guidance by Population**
Updated May 6, 2020

Population	General Public
Use of Masks	Cloth masks in public
Admission Testing	N/A
Quarantine Duration	14 days from last day of exposure to the case/symptomatic close contact
Work During Quarantine?	No
Isolation Duration	<p>Symptomatic person Isolate for at least 10 days until:</p> <ol style="list-style-type: none"> 1) Symptom free for three full days without use of fever reducer <p align="center">-AND-</p> <ol style="list-style-type: none"> 2) At least 10 days from symptom onset
	<p>Asymptomatic person—tested positive but never developed symptoms</p> <ul style="list-style-type: none"> • Isolate for 10 days from date of positive test • After 10 days of isolation, for three days must wear cloth mask and maintain six feet distancing
End Isolation/ Back to Work	<p>Use symptom-based strategy</p> <ol style="list-style-type: none"> 1) Symptom free for three full days without use of fever reducer <p align="center">-AND-</p> <ol style="list-style-type: none"> 2) At least 10 days from symptom onset
	<p>Consider test-based approach if immunocompromised</p> <p>Two negative tests 24 hours apart</p>
	<p>Testing or proof of test results is not required for return to work</p>
Work During Isolation?	No
Surveillance Testing	No
Where to Test	<ul style="list-style-type: none"> • Visit RIDOH’s COVID-19 Testing webpage to find a testing site: https://health.ri.gov/covid/testing/

Population	Non-Clinical Workers: Customer/client-facing businesses and non-profit organizations, office-based businesses and non-profit organizations
Use of Masks	Cloth mask at work or surgical mask/personal protective equipment (PPE) as required for the nature of the work involved Cloth mask in public
Quarantine Duration	14 days from last day of exposure to the case/symptomatic close contact
Work During Quarantine?	No
Isolation Duration	Symptomatic person Isolate for at least 10 days until: 1) Symptom free for three full days without use of fever reducer -AND- 2) At least 10 days from symptom onset
	Asymptomatic person—tested positive but never developed symptoms <ul style="list-style-type: none"> Isolate for 10 days from date of positive test After 10 days of isolation, for three days must wear cloth mask and maintain six feet distancing
End Isolation/ Back to Work	Use symptom-based strategy 1) Symptom free for three full days without use of fever reducer -AND- 2) At least 10 days from symptom onset
	Consider test-based approach if immuno-compromised Two negative tests 24 hours apart
	Testing or proof of test results is not required for return to work
Work During Isolation?	No
Surveillance Testing	No
Where to Test	<ul style="list-style-type: none"> Visit RIDOH’s COVID-19 Testing webpage to find a testing site: https://health.ri.gov/covid/testing/

Population	<p align="center">Critical Infrastructure Workers: Healthcare workers, public health, public safety, and social service providers</p>
Use of Masks	Surgical masks at work and in all healthcare settings (patient care and non-patient care areas) Higher level of PPE as indicated
Quarantine Duration	14 days from last day of exposure to the case/symptomatic close contact
Work During Quarantine?	<p>Yes, if needed for staffing</p> <ul style="list-style-type: none"> • Must wear surgical mask and monitor temperature and symptoms every four hours at work • Must cease working and isolate if symptoms develop
Isolation Duration	<p>Symptomatic person Isolate for at least 10 days until:</p> <ol style="list-style-type: none"> 1) Symptom free for three full days without use of fever reducer <p align="center">-AND-</p> <ol style="list-style-type: none"> 2) At least 10 days from symptom onset
	<p>Asymptomatic person—tested positive but never developed symptoms</p> <ul style="list-style-type: none"> • Isolate for 10 days from date of positive test • Then, for four days must wear facemask at all times at work
End Isolation/ Back to Work	<p>Use symptom and test-based strategy for those who were symptomatic*</p> <ol style="list-style-type: none"> 1) Symptom free for three full days without use of fever reducer <p align="center">-AND-</p> <ol style="list-style-type: none"> 2) At least 10 days from symptom onset <p align="center">-AND-</p> <ol style="list-style-type: none"> 3) One negative test (direct patient care <u>only</u>) <p>Asymptomatic* and tested positive 10 days from positive test, no repeat test needed</p> <p>*Restricted from contact with severely immunocompromised patients (e.g., transplant, hematology-oncology) until <u>14 days after illness onset/test positive</u></p>
	<p>Consider test-based strategy if immuno-compromised</p> <p>Two negative tests 24 hours apart</p>
Work During Isolation?	<p>Yes, in limited circumstances:</p> <ul style="list-style-type: none"> • If needed to fill a critical staffing position • Must be asymptomatic • Must monitor temperature and symptoms every four hours at work • Must wear a surgical mask (or higher level of PPE as needed for patient care) at all times • May only care for COVID+ patients • Must remain in units caring only for COVID+ patients other than entering/exiting facility • Must cease working and isolate if symptoms develop • May not care for severely immunocompromised patients (e.g., transplant, hematology-oncology)
Surveillance Testing	No
Where to Test	<p>Initial symptomatic:</p> <ul style="list-style-type: none"> • CVS or call RIDOH 401-222-2577 or other testing options: https://health.ri.gov/covid/testing/ <p>Asymptomatic surveillance:</p> <ul style="list-style-type: none"> • Coordinated by RIDOH as needed for specific settings <p>Symptoms resolved and test for return to work:</p> <ul style="list-style-type: none"> • Call RIDOH 401-222-2577 or other testing options: https://health.ri.gov/covid/testing/

Population	Nursing Home and Long-Term Care Facility Staff
Use of Masks	Surgical masks in all healthcare settings (patient care and non-patient care areas) Higher level of PPE as indicated
Quarantine Duration	14 days from last day of exposure to the case/symptomatic close contact
Work During Quarantine?	Yes, if needed for staffing <ul style="list-style-type: none"> • Must wear surgical mask and monitor temperature and symptoms every four hours at work • Must cease working and isolate if symptoms develop
Isolation Duration	Symptomatic person Isolate for at least 10 days until: 1) Symptom free for three full days without use of fever reducer -AND- 2) At least 10 days from symptom onset
	Asymptomatic person—tested positive but never developed symptoms <ul style="list-style-type: none"> • Test every three to four days until negative • Once negative, if individual continues to have no symptoms, allow back to work • Continue facemask at all times at work for 14 days from initial positive test
End Isolation/ Back to Work	Use symptom and test-based strategy for those who were symptomatic* 1) Symptom free for three full days without use of fever reducer -AND- 2) At least 10 days from symptom onset -AND- 3) One negative test Asymptomatic* and tested positive: see above under isolation duration *Restricted from contact with severely immunocompromised patients (e.g., transplant, hematology-oncology) until <u>14 days after illness onset/test positive</u>
	Consider test-based strategy if immuno-compromised Two negative tests 24 hours apart
Work During Isolation?	Yes, in limited circumstances: <ul style="list-style-type: none"> • If needed to fill a critical staffing position • Must be asymptomatic • Must monitor temperature and symptoms every four hours at work • Must wear a surgical mask (or higher level of PPE as needed for patient care) at all times • May only care for COVID+ patients • Must remain in units caring only for COVID+ patients other than entering/exiting facility • Must cease working and isolate if symptoms develop • May not care for severely immunocompromised patients (e.g., transplant, hematology-oncology)
Surveillance Testing	<ul style="list-style-type: none"> • Periodic testing of asymptomatic staff as coordinated by RIDOH
Where to Test	Initial symptomatic: <ul style="list-style-type: none"> • CVS or call RIDOH 401-222-2577 to schedule Asymptomatic surveillance: <ul style="list-style-type: none"> • Coordinated by RIDOH as needed for specific settings Symptoms resolved and test for return to work: <ul style="list-style-type: none"> • Call RIDOH 401-222-2577 or other testing options: https://health.ri.gov/covid/testing/

Population	Congregate Care Facility Staff Homeless shelters, assisted living facilities, group homes, prisons, detention centers, and schools
Use of Masks	Surgical mask, cloth mask Appropriate PPE for close contact or direct care of residents/patients/clients
Quarantine Duration	14 days from last day of exposure to the case/symptomatic close contact
Work During Quarantine?	Yes, if needed for staffing <ul style="list-style-type: none"> • Must wear surgical mask and monitor temperature and symptoms every four hours at work • Must cease working and isolate if symptoms develop
Isolation Duration	Symptomatic person Isolate for at least 10 days until: 1) Symptom free for three full days without use of fever reducer -AND- 2) At least 10 days from symptom onset
	Asymptomatic person—tested positive but never developed symptoms <ul style="list-style-type: none"> • Test every three to four days until two negative tests 24 hours apart. • Once negative, if individual continues to have no symptoms, allow back to work. • Continue facemask at all times at work for 14 days from initial positive test.
End Isolation/ Back to Work	Use symptom and test-based strategy for those who were symptomatic* 1) Symptom free for three full days without use of fever reducer -AND- 2) At least 10 days from symptom onset -AND- 3) One negative test Asymptomatic* and tested positive: see above under isolation duration *Restricted from contact with severely immunocompromised patients (e.g., transplant, hematology-oncology) until <u>14 days after illness onset/test positive</u>
	Consider test-based strategy if immuno-compromised Two negative tests 24 hours apart
Work During Isolation?	Yes, in limited circumstances: <ul style="list-style-type: none"> • If needed to fill a critical staffing position • Must be asymptomatic • Must monitor temperature and symptoms every four hours at work • Must wear a surgical mask (or higher level of PPE as needed for patient care) at all times • May only care for COVID+ patients • Must remain in units caring only for COVID+ patients other than entering/exiting facility • Must cease working and isolate if symptoms develop • May not care for severely immunocompromised patients (e.g., transplant, hematology-oncology)
Surveillance Testing	Periodic testing of asymptomatic staff as coordinated by RIDOH
Where to Test	Initial symptomatic: <ul style="list-style-type: none"> • CVS or call RIDOH 401-222-2577 to schedule Asymptomatic surveillance: <ul style="list-style-type: none"> • Coordinated by RIDOH as needed for specific settings Symptoms resolved and test for return to work: <ul style="list-style-type: none"> • Call RIDOH 401-222-2577 or other testing options: https://health.ri.gov/covid/testing/

Population	Nursing Home and Long-Term Care Facility Resident
Use of Masks	Cloth mask if tolerated when outside of bedroom
Out of Facility Visits	Visits outside of the facility: consider a Person Under Investigation (PUI) for COVID-19 during an outpatient, Emergency Department (ED), or hospital visit Some hospitals are opting to test all patients upon admission
Quarantine Duration	<p>14 days from last day of exposure to the case/symptomatic close contact</p> <ul style="list-style-type: none"> Quarantine for 14 days in existing room if roommate is positive and private room unavailable Quarantine for 14 days from hospital or ED visit discharge <u>Hospital discharge</u> to quarantine facility or COVID-negative facility: negative result from one test from a nasopharyngeal specimen within 48-72 hours before discharge <u>ED discharge</u> to quarantine facility or COVID-negative facility: perform test from a nasopharyngeal specimen prior to emergency department discharge (<u>do not</u> have to wait for results before discharging)
Isolation Duration	<p>Symptomatic person Isolate on COVID+ unit until illness resolves (varies by individual) and two tests 24 hours apart are negative</p>
	<p>Asymptomatic person—tested positive but never developed symptoms Isolate on COVID+ unit and conduct serial testing per RIDOH guidance until two tests 24 hours apart are negative. Timeframe will vary by facility outbreak pattern.</p>
End Isolation	<p>Use test-based strategy only Two negative tests 24 hours apart</p>
	<p>Transfer back to home facility from COVID+ Nursing Home Two negative tests 24 hours apart</p>
Surveillance Testing	Periodic testing of asymptomatic residents as coordinated by RIDOH
Where to Test	Testing arranged by RIDOH 401-222-2577

Population	Congregate Care Facility Resident Homeless shelters, assisted living facilities, group homes, prisons, detention centers, and schools
Use of Masks	Cloth face covering, if tolerated.
Admission Testing	<ul style="list-style-type: none"> • DCYF testing select group home admissions • <u>Hospital discharge</u> to congregate care facility: <ul style="list-style-type: none"> ○ Negative result of one test from a nasopharyngeal specimen within 48-72 hours before discharge ○ Or, must have test sent prior to discharge to a congregate care setting and plan in place to notify patient/facility of result • <u>ED discharge</u> to congregate care facility: perform test from a nasopharyngeal specimen prior to discharge to a congregate care setting and have a plan in place to notify patient/facility of result (<u>do not</u> have to wait for results before discharging)
Quarantine Duration	<p>14 days from last day of exposure to the case/symptomatic close contact</p> <ul style="list-style-type: none"> • Quarantine for 14 days in existing room if roommate is positive and private room unavailable • Quarantine for 14 days from hospital or ED visit discharge <p>In homeless shelters and facilities where adherence to quarantine is challenging:</p> <ul style="list-style-type: none"> • Resident must wear cloth mask at all times as tolerated • Implement best possible social distancing • Diligent symptom monitoring
Isolation Duration	<p>Symptomatic person</p> <p>Isolate for at least 10 days until:</p> <ol style="list-style-type: none"> 1) Symptom free for three full days without the use of a fever reducer <p style="text-align: center;">-AND-</p> <ol style="list-style-type: none"> 2) At least 10 days from symptom onset
	<p>Asymptomatic person—tested positive but never developed symptoms</p> <p>Isolate for 10 days from date of positive test</p>
End Isolation	<p>Use symptom-based strategy</p> <p>RIDOH will determine if one negative test is required for ending isolation on a case-by-case basis</p>
Surveillance Testing	Periodic testing of asymptomatic residents as coordinated by RIDOH
Where to Test	Testing arranged by RIDOH 401-222-2577